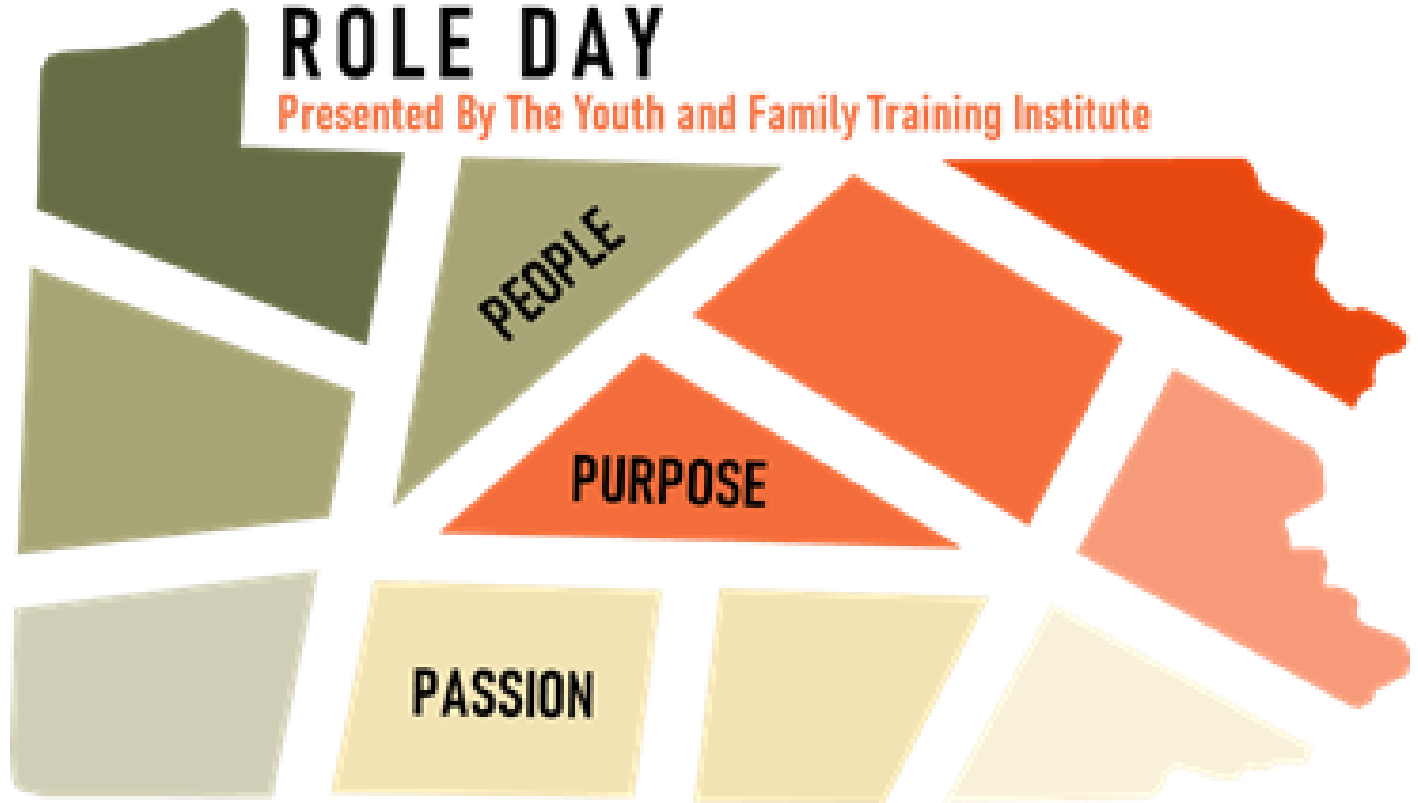


# ROLE DAY

Presented By The Youth and Family Training Institute



*Navigating the Future... Together!*

October 3-4, 2023

## ***High Fidelity Wraparound Workforce Role Day 2023***

***The Penn Stater  
215 Innovation Blvd  
State College, PA 16803***

***October 3, 2023 - Registration at 9:30 AM; Program - 10:30 AM to 5:30 PM***

***October 4, 2023 - 9:00 AM to 12:30 PM (HFW Workforce Only)***

## ***HFW Workforce Role Day***

***October 3-4, 2023***

***The Penn Stater***

***State College, PA 16803***

### **Introduction**

The High Fidelity Wraparound (HFW) workforce summit is a gathering of the HFW workforce in Pennsylvania, sponsored by the Youth and Family Training Institute (YFTI). This will be an opportunity for workforce members to meet with their HFW counterparts from across the state. The entire workforce will advance their skills and knowledge through role discussions and sharing experiences.

### **Educational Objectives**

At the completion of this program, participants should be able to:

1. Identify new strategies to engage and utilize a team effectively
2. Apply techniques to build engagement with those who experienced trauma
3. Demonstrate meaningful information gathering in comfortable conversations

### **Who Should Attend:**

#### **Day One (October 3, 2023)**

High Fidelity Wraparound coaches, facilitators, family support partners, youth support partners, YFTI advisory board members, and agency, county, managed care, System of Care partners from current counties implementing HFW or counties who are interested in learning more about HFW.

#### **Day Two (October 4, 2023)**

High Fidelity Wraparound coaches, facilitators, family support partners, youth support partners

**Keynote Speaker**  
**FABIAN RAMIREZ, MA**



Fabian Ramirez is a renowned anti-bullying speaker and drug prevention specialist. Bully prevention is near to Fabian's heart simply because he was bullied in middle school, and he knows the psychological impact that bullying can have on students.

Ready to be encouraged? He combines humor perfectly with a strong challenge of showing kindness to others. Fabian is one of the most sought-after bullying prevention speakers in the country.

Fabian brings real-life scenarios to every presentation that he delivers. Having first-hand experience with bullying during his middle school years has provided him with a platform in which to speak on the psychological impact that bullying can have on students.

**Breakouts sessions**

**1. High Fidelity Wraparound with Youth on the Autism Spectrum:**

Presented by: Kim Lenart: MSpEd and Alice Chrostowski: BS

This training will focus on sharing basic information about the Autism Spectrum Disorder, including history, criteria for diagnosis and available resources. Participants will learn about how to work with youth on the Autism Spectrum while maintaining commitment to the High Fidelity Wraparound model.

**2. Fundamentals of Trauma**

Presented by: Natasha Kara: LPC, BSL

This training will focus on defining trauma and identifying warning signs on the nature of how trauma can impact life and health of the youth and family throughout their lifespan. Participants will discuss how hearing about events of trauma over and over can impact their ability to support youth and families along with their ability to live their personal life. Attendees will be introduced to how Adverse Childhood Experiences (ACEs) can affect developmental milestones. We will explore how to use information from ACES into various High-Fidelity Wraparound documentations. Through discussions and activities participants will identify ways to promote wellness skills.

**3. How caring for yourself and maintaining healthy boundaries helps you show up for others.**

Presented by: Amy Swett: MSW, LSW and Alexandria Tackett-Ferguson: CYT/RYT

Participants will join in a discussion about self-care myths and facts. The presentation will also include a discussion of what boundaries are, why they are important and how to set them. Finally, participants will have an opportunity to consider their own self-care and what types of strategies they may want to implement to support their overall health and wellness.

**4. Natural Supports the How and the Where**

Presented by: Chad Owens

During this breakout session we will be discussing, brainstorming, and talking about Natural Supports. Specifically, how to get them on a team, how to use them, and where to find them.

## Agenda

### Day One – October 3, 2023

9:30 to 10:30 AM	<b>Registration</b>
10:30 to 11:00 AM	<b>Welcome/Introduction</b>
11:00 AM to 12:15 PM	<b>Keynote (Fabian Ramirez)</b>
12:15 to 1:30 PM	<b>Lunch (provided)</b>
1:30 to 2:30 PM	<b>HFW Process: A Youth and Family Prospective</b>
2:30 to 2:45 PM	<b>Break</b>
2:45 to 3:45 PM	<b>Breakout Session (One)</b> <ul style="list-style-type: none"><li>A. <b>High Fidelity Wraparound with Youth on the Autism Spectrum</b> <i>Presented by: Kim Lenart: MSpEd and Alice Chrostowski: BA</i></li><li>B. <b>Fundamentals of Trauma</b> <i>Presented by: Natasha Kara: LPC, BSL</i></li><li>C. <b>How caring for yourself and maintaining healthy boundaries helps you show up for others.</b> <i>Presented by: Amy Swett: MSW, LSW and Alexandria Tackett-Ferguson: CYT/RYT</i></li><li>D. <b>Natural Supports the How and the Where</b> <b>Presented by:</b> Chad Owens</li></ul>
3:45 to 4:00 PM	<b>Break</b>
4:00 to 5:00 PM	<b>Breakout Session (Two)</b> <ul style="list-style-type: none"><li>A. <b>High Fidelity Wraparound with Youth on the Autism Spectrum</b> <i>Presented by: Kim Lenart: MSpEd and Alice Chrostowski: BA</i></li><li>B. <b>Fundamentals of Trauma</b> <i>Presented by: Natasha Kara: LPC, BSL</i></li><li>C. <b>How caring for yourself and maintaining healthy boundaries helps you show up for others.</b> <i>Presented by: Amy Swett: MSW, LSW and Alexandria Tackett-Ferguson: CYT/RYT</i></li><li>D. <b>Natural Supports the How and the Where</b> <b>Presented by:</b> Chad Owens</li></ul>
5:00 PM	<b>Rap up the day: Basket drawing.</b>
5:30 PM	<b>Adjournment</b>

## Agenda (cont.)

### Day Two – October 4, 2023 (HFW Workforce Only)

8:00 to 9:00 AM	<b>Continental Breakfast</b>
9:00 – 10:30 AM	<b>Breakout Session I</b> <ul style="list-style-type: none"><li>A. Coaches</li><li>B. Facilitators</li><li>C. Youth Support Partners</li><li>D. Family Support Partners</li></ul>
10:30 to 10:45 AM	<b>Break</b>
10:45 AM to 12:30 PM	<b>Breakout Session II – Role Discussions continued</b>
12:30 PM	<b>Adjournment/Boxed lunches provided</b>

Participants must attend the full program to be awarded 7.5 continuing education (CE) credits. Participants will be awarded CE credits for the time they are in attendance:

*Day One – 4.25 credits; Day Two – 3.25 credits*

All presentations are introductory to intermediate instructional levels.

## Continuing Education Credit

### Counselors



Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of the programs. This course is approved for 7.25 hours.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

The indicated number of clock hours of continuing education is provided through Education and Consultative Services of UPMC Western Psychiatric Hospital, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9090. Social workers completing this course receive a combined two-day total of 7.0 continuing education credits.

### Other Healthcare Professionals

Nurses and other health care professionals are awarded up to .725 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming up to 7.25 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

## Registration

**THERE IS NO FEE TO ATTEND THIS EVENT, HOWEVER YOU MUST REGISTER.**

Please register by **September 18, 2023**

Click on the following registration link: [High Fidelity Wraparound Workforce Role Day 2023](#)

## Questions

Please direct **conference registration questions** to Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).

Please direct **general conference questions** to Dave Ozias ([oziasda@upmc.edu](mailto:oziasda@upmc.edu)) or Tanya Walburn ([walburnt@upmc.edu](mailto:walburnt@upmc.edu)).



*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by contacting Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu). **This includes any food allergies.***

**PLEASE DRESS ACCORDINGLY. IT IS DIFFICULT TO ADJUST THE ROOM TEMPERATURE TO SUIT EVERYONE'S NEEDS.**